



**FOODSERVICE
DISTRIBUTOR**

Apple Sizes at a Glance

Apple sizing is designated by count. The number of apples that can be packed in a standard box. The larger the number, the smaller the diameter of the apple. See below to see how your apple credits based on the National School Lunch Program and National Breakfast Program.



7.6 oz
215 g
3.05"/77.5 mm
1 apple = 1 3/4 cup

Amount that fits in 1 case

88 ct



5.9 oz
167 g
2.84"/72.1 mm
1 apple = 1 1/4 cup

113 ct



5.4 oz
153 g
2.75"/69.9 mm
1 apple = 1 1/4 cup

Amount that fits in 1 case

125 ct



4.8 oz
136 g
2.68"/68.0 mm
1 apple = 1 cup

138 ct



4.1 oz
116 g
2.54"/64.5 mm
1 apple = 3/4 cup

Amount that fits in 1 case

163 ct



3.8 oz
108 g
2.46"/62.5 mm
1 apple = 3/4 cup

175 ct